



# Bridge Resource Library for Churches and Organizations



## Key

-  = religious
-  = for profit
- underlined  
= web link

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**RESOURCE LIBRARY**  
for churches & organizations

# Book Recommendations

## Faith & Teaching:

Becoming Friends of Time:  
Disability, Time Fullness and Gentle  
Discipleship *by John Swinton*

Disability and Christian Theology

Embodied Limits and  
Constructive Possibilities  
*By Deborah Beth Creamer*

Disability and the Church  
*By Lamar Hardwick*

Finding Jesus in the Storm: The Spiritual  
Lives of Christians with Mental Health  
Challenges  
*By John Swinton*

Forty Days: Finding Refuge in the Ark  
from the Storms of Disability  
*By David W. Anderson*

My Body is Not a Prayer Request  
*By Amy Kenny*

Reaching Out and Bringing In:  
Ministry to and with Persons with  
Disabilities  
*By David W. Anderson*

Reading Paul Through the Eyes of  
Disability: Practical Theological  
Implications for Inclusive Ministry  
*By David W. Anderson*

The Social Contexts of Disability  
Ministry: A Primer for Pastors,  
Seminararians, and Leaders  
*By Albert Herzog, jr.*

The Power of the Powerless  
*By Christopher de Vinck*

# Book Recommendations

## Faith & Teaching:

Vulnerable Communion

*By Thomas Reynolds*

Wondrously Wounded: Theology,  
Disability and the Body of Christ

*By Brian Brock*

## Devotions and Encouragements:

A Good and Perfect Gift: Faith,  
Expectations, and a Little Girl  
Named Penny

*By Amy Julia Becker*

Disabled and Devoted: Meditations from  
Bridge Disability Ministries  
*contact [annad@bridgemin.org](mailto:annad@bridgemin.org) for copies  
or listen [here](#)*

This Too Shall Last: Finding Grace When  
Suffering Lingers

*By KJ Ramsey*

Walking Through Twilight

*By Douglas Groothuis*

You are the Beloved *By Henri Nouwen*

# Book Recommendations

## Etiquette & Culture

A Full Life with Autism

*By Chantal & Jeremy Sicile-Kira*

A Long Letting Go

*By Marilyn Chandler McEntyre*

Demystifying Disability:

What to Know, What to Say, and  
How to Be An Ally

*By Emily Ladau*

Disability Visibility

*By Alice Wong*

Navigating Autism

*By Temple Grandin*

## Picture Books

All The Things We Can Do!

*By Georgette Kores*

Demystifying Disability: What to Know,  
What to Say, and How to Be an Ally

*By Emily Ladau*

I am Not a Label: 34 Disabled Artists,  
Thinkers, Athletes, and Activists

from Past and Present

*By Carrie Burnell*

Just Ask: Be Different, Be Brave, Be You

*By Sonia Sotomayor*

*The Adventures of Frank and Mustard*

*By Simon Calcavechia*

# Book Recommendations

Many of these titles are  
available through the  
King County Library  
System

As hard copies, e-books, and  
audiobooks

[KCLS Website Link](#)

More recommendations  
to come-

So keep checking in from time to time!

If you have any additional book  
recommendations, please email  
[jackiek@bridgemin.org](mailto:jackiek@bridgemin.org)

# Education– Disability Research

Links to credible information about conditions you may feel curious about, and experiences from self-advocates within the disability community.

## Neuro-Divergence

Autism Self-Advocacy Network: [About Autism](#)

The Mighty: [Focus on ADD/ADHD](#)

The Mighty: [Focus on Bipolar Disorder](#)

[What is Cerebral Palsy?](#)

## Chronic Illness

[The Mighty: articles by people with chronic conditions](#)

[National Multiple Sclerosis Society](#)

[Arthritis Foundation](#)

[Chronic Fatigue Syndrome- The Mayo Clinic](#)

# Education– Disability Research

Links to credible information about conditions you may feel curious about, and experiences from self-advocates within the disability community.

## Sensory Disabilities

Mayo Clinic:  
[Hearing Impairments](#)

Cleveland Clinic:  
[Blindness and Visual Impairments  
Explained](#)

The Mighty: [Sensory  
Processing Disorder](#)



# Education– Disability Etiquette

## Videos

[How to Respond to a Seizure](#)

[How to Use an EPI-Pen Video](#)

[Service Dog Etiquette](#)

YouTube Video

Special Books by Special  
Kids YouTube Channel  
Playlists:

[Meet Someone with Autism](#)

[Meet Someone with  
Cerebral Palsy](#)

[Meet Someone who  
Communicates via Tech](#)

[Meet Someone with a  
Mental Health Disorder](#)

## Other Media

[Ableist Terms to Avoid](#) (A great resource to  
reference before publishing materials)

[Beacon Church Collaborative Archives](#)

[Chronic Illness Misconceptions Podcast](#)



# Communication Resources



## [Audiobook Ministries](#)

Faith-based literature available via audiobook

## [American Sign Language Basic Phrases](#)

YouTube Video

## [ASL 25 Essential Words](#) YouTube Video



## [ASL Christian Vocabulary](#) YouTube Video



## [Dry Erase Boards- Custom Sizes & Features](#)



## [Custom Braille Cards](#)

These links are simply meant to get you started– there are many excellent communication resources through both YouTube and Etsy!

# Support

Organization	Website	Phone	
Banchero Disability Partners	<a href="http://banchero.org">banchero.org</a>	(206) 367-7795	
Disability Ministry Network	<a href="#">Network Link</a>	(570) 360-5035	+
Red-Cross: Inclusive Disaster Preparedness Resources	<a href="#">Red Cross Web</a>	No phone number available	
Rejoicing Spirits	<a href="http://rejoicingspirits.org">rejoicingspirits.org</a>	(402) 896-3884	+
Joni and Friends	<a href="http://joniandfriends.org">joniandfriends.org</a>	(818) 707-5664	+
Aktion Club: service club for adults with disabilities	<a href="http://aktionclub.org">aktionclub.org</a>	1 (800) 549-2647 ext. 411	
Innerbody: Resources for Caregiving for Loved Ones	<a href="#">Innerbody Web Link</a>	No phone number available	
Providence Live Well Local: Snohomish County	<a href="#">Live Well Local Link</a>	No phone number available	

# City Recreational Programs

Program	Web Link	Phone Number
<b>Auburn</b> – Specialized Recreation	<u><a href="#">Specialized Recreation Web Link</a></u>	<b>(253) 931-3043</b>
<b>Bellevue</b> – Adaptive Recreation	<u><a href="#">Adaptive Recreation Web Link</a></u>	<b>(425) 452-7686</b>
<b>Federal Way Community Center</b>	<u><a href="#">Community Center Web Link</a></u>	<b>(253) 835-6900</b>
<b>Kirkland</b> - Human Services	<u><a href="#">Human Services Web Link</a></u>	<b>(425) 587-3325</b>
<b>Redmond</b> – Adaptive Activities	<u><a href="#">Adaptive Activities Web Link</a></u>	<b>(425) 556-2300</b>
<b>Renton</b> – Adaptive Recreation	<u><a href="#">Renton Recreation Web Link</a></u>	<b>(425) 430-6748</b>
<b>Seattle Parks &amp; Recreation</b>	<u><a href="#">Seattle Parks Web Link</a></u>	<b>(206) 684-7548</b>

**We will continue to update this list, so be sure to check back in!**

# Accessible Outdoor Recreation

Resources to consider when planning group hikes, camping trips, and retreats

Program	Web Link	Phone Number
Disabled Hiker's Guide	<a href="http://DisabledHikers.com">DisabledHikers.com</a>	No Phone Number Available
Trail Accessibility Rating System	<a href="#">Trail Rating System Link</a>	No Phone Number Available
Mount Rainier– Wheelchair Accessible Vacation Planner	<a href="#">Mount Rainier Web Link</a>	No Phone Number Available

# Accessibility Ideas

If you cannot afford automatic door openers, consider at least replacing heavy doors with ones that weigh less. This will make them more accessible to those with chronic pain, poor balance, and muscle weakness.

Another alternative is rubber door stops, or having greeters posted at these doors to assist guests.

Using a mobility aid can be a great way to test out your accommodations. See if you can enjoy your facilities while using a walker or wheelchair. You don't need any qualifications to use one.

Consider that if a door, faucet, or latch is challenging for a child to use, it will be challenging for people with chronic pain.

Remember to ask *everyone* what accommodations they need- regardless of age, appearance, or whether you know them personally.

# Accessibility Products

Many of the products that are linked in the following pages are available through our Meyer Medical Equipment Center.

Our equipment center sterilizes and refurbishes second-hand equipment that is received by donation. The refurbished medical equipment and mobility aids are offered to the public through the equipment center, in exchange for a suggested donation.

Willing to work with any budget.

Repairs are also available.

Bellevue: (425) 628-1751

Tukwilla: (253) 277-2041

[bridgemin.org/medical-equipment/](http://bridgemin.org/medical-equipment/)



# Accessibility Products

A collection of links to items which can help make a home, office, or church more accessible- without any major renovations.

Removable  
Wheelchair Ramp

## Large Wheelchair Stickers

These can be used to advertise accessibility, as well as to mark spaces for those with disabilities on the floor, or chairs of a sanctuary or event hall.



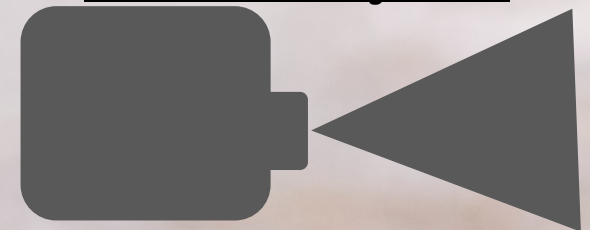
## Memory Foam Chair Pads

Sound-Dampening  
Panels for Sensory  
Room



Noise-Cancelling  
Headphones

## Portable Projector



To project slide-show subtitles so that hard-of-hearing folks can read along to songs and sermons

# Accessibility Products

A collection of links to items which can help make a home, office, or church more accessible- without any major renovations.

Grab Bars–  
Permanent & Removable

Toilet Seat Riser

Foot Rest for Elevation

Foot Rest for Hip Pain

Braille Room  
Labels



No-Touch Bathroom  
Faucets



# Bridge Resource Library

## for Churches and Organizations



**RESOURCE LIBRARY**  
for churches & organizations

We hope these links and ideas have been helpful to you!

We are eager to learn of more resources to feature here.

Recommendations are always welcome via [jackiek@bridgemin.org](mailto:jackiek@bridgemin.org)

We will continue to update these resources quarterly— so be sure to check back!